

LECTURE: 5-5 THE SUBSTITUTION RULE (PART 3)

Example 1: Doing (some) substitutions quickly. In later Calculus courses (Calculus 2 especially) it is quite useful to be able to do some very simple substitutions without having to go through writing out u and du . Do the following integrals using substitution and then see if you can see the pattern well enough to not need to do all of the work.

(a) $\int e^{5x} dx = \frac{1}{5} \int e^u du$
 $= \frac{1}{5} e^u + C$
 $= \frac{1}{5} e^{5x} + C$

(b) $\int \sin\left(\frac{\pi}{2}x\right) dx = \frac{2}{\pi} \int \sin u du$
 $= \frac{2}{\pi} (-\cos u) + C$
 $= -\frac{2}{\pi} \cos\left(\frac{\pi}{2}x\right) + C$

(c) $\int \sqrt{1-2x} dx = \int \left(-\frac{1}{2} u^{1/2}\right) du$
 $= -\frac{1}{2} \cdot \frac{2}{3} u^{3/2} + C$
 $= -\frac{1}{3} (1-2x)^{3/2} + C$

$u = 5x$
 $du = 5 dx$
 $\frac{1}{5} du = dx$

$u = \frac{\pi}{2}x$
 $du = \frac{\pi}{2} dx$
 $\frac{2}{\pi} du = dx$

$u = 1-2x$
 $du = -2dx$
 $-\frac{1}{2} du = dx$

Derivative of $y = e^{5x}$ is $y' = 5e^{5x}$
 Anti derivative of $y = e^{5x}$ is $\frac{1}{5} e^{5x}$

Example 2: Integrate the following functions. Check your answers using a derivative.

a) $\int \sec^2\left(\frac{\pi}{4}\theta\right) d\theta = \frac{4}{\pi} \tan\left(\frac{\pi}{4}\theta\right) + C$

b) $\int \sec(2x) \tan(2x) dx = \frac{1}{2} \sec(2x) + C$

c) $\int \sqrt{1+4x} dx = \int (1+4x)^{1/2} dx$
 $= \frac{1}{4} \cdot \frac{2}{3} (1+4x)^{3/2} + C$
 $= \frac{1}{6} (1+4x)^{3/2} + C$

check:
 $\frac{d}{d\theta} \frac{4}{\pi} \tan\left(\frac{\pi}{4}\theta\right) = \frac{4}{\pi} \sec^2\left(\frac{\pi}{4}\theta\right) \cdot \frac{\pi}{4}$
 $= \sec^2\left(\frac{\pi}{4}\theta\right) \checkmark$

check:
 $\frac{d}{dx} \frac{1}{2} \sec(2x) = \frac{1}{2} \sec(2x) \tan(2x) \cdot 2$
 $= \sec(2x) \tan(2x) \checkmark$

check:
 $\frac{d}{dx} \frac{1}{6} (1+4x)^{3/2} = \frac{1}{6} \cdot \frac{3}{2} (1+4x)^{1/2} \cdot 4$
 $= \frac{12}{12} \sqrt{1+4x}$
 $= \sqrt{1+4x} \checkmark$

Example 3: Evaluate the following indefinite integrals.

(a) $\int \tan^2 x \sec^2 x dx = \int u^2 du$
 $= \frac{1}{3} u^3 + C$
 $= \frac{1}{3} \tan^3 x + C$

(b) $\int t^2 \cos(1-t^3) dt = \int \left(-\frac{1}{3} \cos(u)\right) du$
 $= -\frac{1}{3} \sin(u) + C$
 $= -\frac{1}{3} \sin(1-t^3) + C$

$u = \tan x$
 $du = \sec^2 x dx$

$u = 1-t^3$
 $du = -3t^2 dt$
 $-\frac{1}{3} du = t^2 dt$

Example 4: Evaluate $\int x^3(1-x^2)^{3/2} dx = \int x^2 (1-x^2)^{3/2} \cdot x dx$

$$\begin{aligned} u &= 1-x^2 \\ du &= -2x dx \\ -\frac{1}{2} du &= x dx \\ x^2 + u &= 1 \\ x^2 &= u-1 \end{aligned}$$

$$\begin{aligned} &= \int (u-1) u^{3/2} (-1/2) du \\ &= -\frac{1}{2} \int (u^{5/2} - u^{3/2}) du \\ &= -\frac{1}{2} \left(\frac{2}{7} u^{7/2} - \frac{2}{5} u^{5/2} \right) + C \\ &= \boxed{-\frac{1}{7} (1-x^2)^{7/2} + \frac{1}{5} (1-x^2)^{5/2} + C} \end{aligned}$$

Example 5: Evaluate the following definite integrals.

$$\begin{aligned} \text{(a) } \int_0^1 \cos(\pi t) dt &= \frac{1}{\pi} \sin(\pi t) \Big|_0^1 \\ &= \frac{1}{\pi} (\sin \pi - \sin 0) \\ &= \boxed{0} \end{aligned}$$

$$\begin{aligned} \text{(b) } \int_0^{\pi/4} \sin(4x) dx &= -\frac{1}{4} \cos(4x) \Big|_0^{\pi/4} \\ &= -\frac{1}{4} \cos \pi + \frac{1}{4} \cos 0 \\ &= \frac{1}{4} + \frac{1}{4} \\ &= \boxed{\frac{1}{2}} \end{aligned}$$

Example 6: Evaluate $\int_1^4 \frac{1}{x^2} \sqrt{1+\frac{1}{x}} dx$. In doing so, change the bounds.

$$\begin{aligned} u &= 1 + \frac{1}{x} \\ du &= -\frac{1}{x^2} dx \\ -du &= \frac{1}{x^2} dx \\ x=1, u &= 2 \\ x=4, u &= 1 + \frac{1}{4} = \frac{5}{4} \end{aligned}$$

$$\begin{aligned} &= -\int_2^{5/4} u^{1/2} du \\ &= -\frac{2}{3} u^{3/2} \Big|_2^{5/4} \\ &= -\frac{2}{3} \left(\left(\frac{5}{4}\right)^{3/2} - 2^{3/2} \right) \\ &= -\frac{2}{3} \left(\frac{\sqrt{125}}{8} - \sqrt{8} \right) \\ &= \boxed{-\frac{2}{3} \left(\frac{5\sqrt{5}}{8} - 2\sqrt{2} \right)} \end{aligned}$$

Example 7: Evaluate the following integrals.

$$(a) \int \frac{x}{x^2+4} dx = \int \frac{(\frac{1}{2})}{u} du$$

$$= \frac{1}{2} \ln |u| + C$$

$$= \frac{1}{2} \ln |x^2+4| + C$$

$$= \boxed{\frac{1}{2} \ln(x^2+4) + C}$$

Sub
 $u = x^2 + 4$
 $du = 2x dx$
 $\frac{1}{2} du = x dx$

$$(b) \int \frac{x}{\sqrt{25-x^2}} dx = \int \frac{(-\frac{1}{2})}{\sqrt{u}} du$$

$$= -\frac{1}{2} \int u^{-1/2} du$$

$$= -\frac{1}{2} \frac{2}{1} u^{1/2} + C$$

$$= \boxed{-\sqrt{25-x^2} + C}$$

Sub:
 $u = 25 - x^2$
 $du = -2x dx$
 $-\frac{1}{2} du = x dx$

Example 8: Evaluate the following integrals.

$$(a) \int x e^{-x^2} dx = \int (-\frac{1}{2} e^u du)$$

$$= -\frac{1}{2} e^u + C$$

$$= \boxed{-\frac{1}{2} e^{-x^2} + C}$$

Sub:
 $u = -x^2$
 $du = -2x dx$
 $-\frac{1}{2} du = x dx$

$$(b) \int_1^e \frac{(\ln x)^3}{x} dx = \int_0^1 u^3 du$$

$$= \frac{1}{4} u^4 \Big|_0^1$$

$$= \boxed{\frac{1}{4}}$$

Sub:
 $u = \ln x$
 $du = \frac{1}{x} dx$
 $x=1, u = \ln 1 = 0$
 $x=e, u = \ln e = 1$

Example 9: Evaluate $\int_{-3}^3 (x+5)\sqrt{9-x^2} dx$

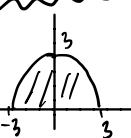
$$= \int_{-3}^3 x\sqrt{9-x^2} dx + 5 \int_{-3}^3 \sqrt{9-x^2} dx$$

$$= \int_0^0 \left(-\frac{1}{2} u^{\frac{1}{2}}\right) du + 5 \cdot \frac{1}{2} \pi (3)^2$$

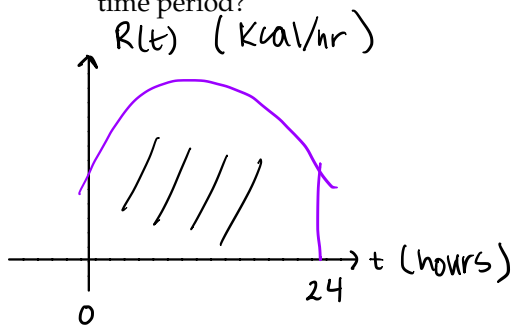
$$= 0 + \frac{5}{2} \pi \cdot 9$$

$$= \boxed{\frac{45\pi}{2}}$$

Int #1
 $u = 9 - x^2$
 $du = -2x dx$
 $-\frac{1}{2} du = x dx$
 $x = 0, u = 9$
 $x = -3, u = 0$

Int #2

 is a semi circle

Example 10: A model for the basal metabolic rate, in kcal/h, of a young man is $R(t) = 85 - 0.2 \cos(\pi t/12)$, where t is the time in hours measured from 5:00 AM. What is the total basal metabolic rate of this man over a 24 hour time period?



Area has units Kcal.

$$A = \int_0^{24} (85 - 0.2 \cos(\pi t/12)) dt$$

$$= \left(85t - \frac{2}{10} \cdot \frac{12}{\pi} \sin(\pi t/12) \right) \Big|_0^{24}$$

$$= 85(24) - \frac{12}{5\pi} \sin(2\pi) - (0 - 0)$$

$$= \boxed{2040 \text{ Kcal}}$$